

Deciding when a child is too sick to go to school can be difficult. In order for your child to be healthy and alert for learning, and to prevent the spread of communicable diseases, your child should be kept home for the following reasons:

- fever of 100 degrees or greater in the past 24 hours
- vomiting and/or diarrhea in the past 24 hours
- severe sore throat/strep throat until on antibiotics for 24 hours
- skin rash (unless the student has a medical release)
- earache
- toothache
- eye inflammation with yellow/green drainage or matted lashes
- severe cough or cold symptoms
- fatigue, chills, or swollen glands
- head lice or scabies

If your child is at home due to an injury or with a contagious illness, please provide a written note explaining the reason for the absence. In some instances, it may be necessary to obtain a medical release from your child's physician before he or she returns to school. Please keep your child's school nurse informed of all illnesses, injuries, physical exams, eye exams, immunizations, routine medications, allergies, etc. throughout the year so your child's health records may be kept up to date. If you have questions or concerns, you may visit or call the nurse during school hours.